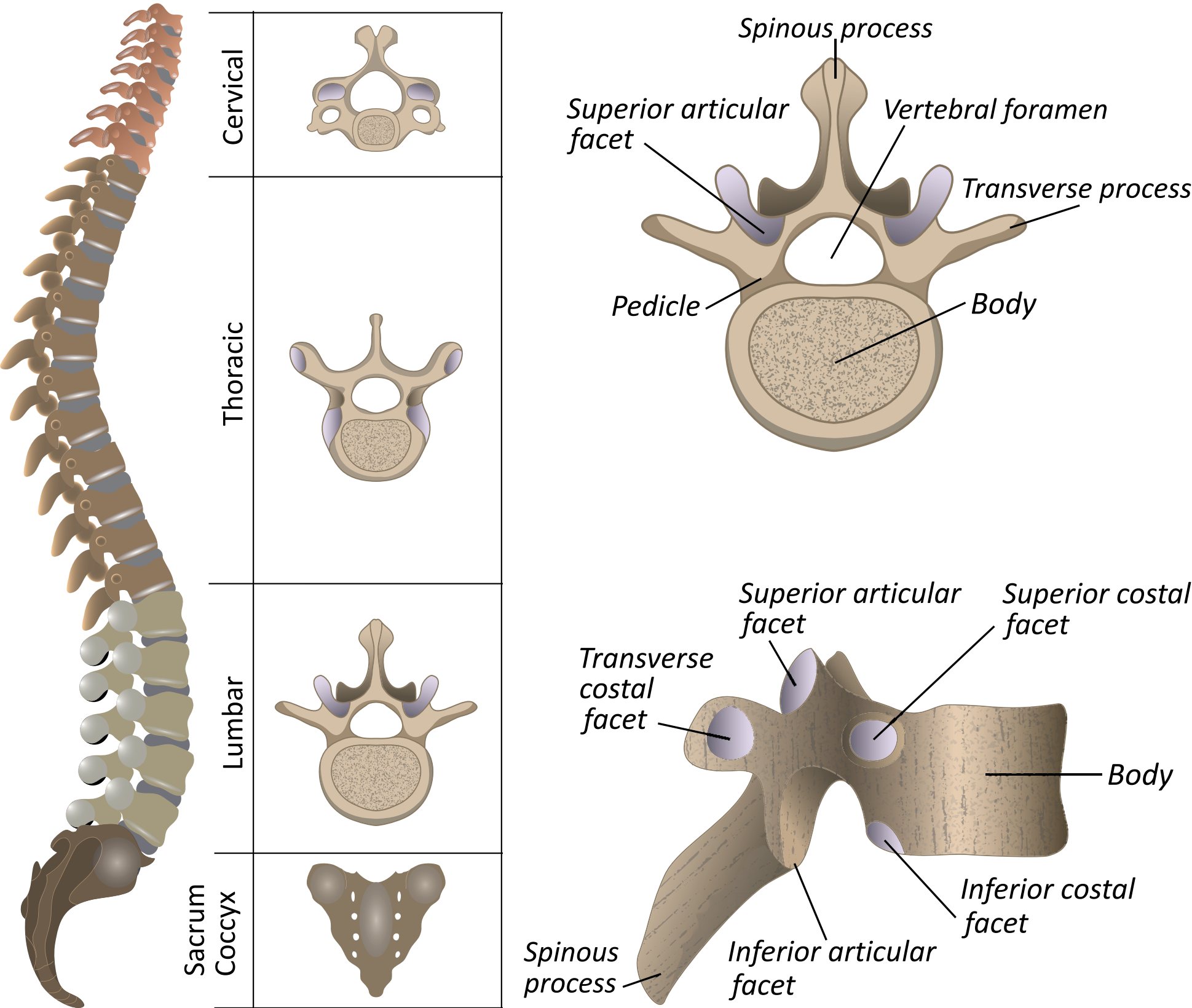


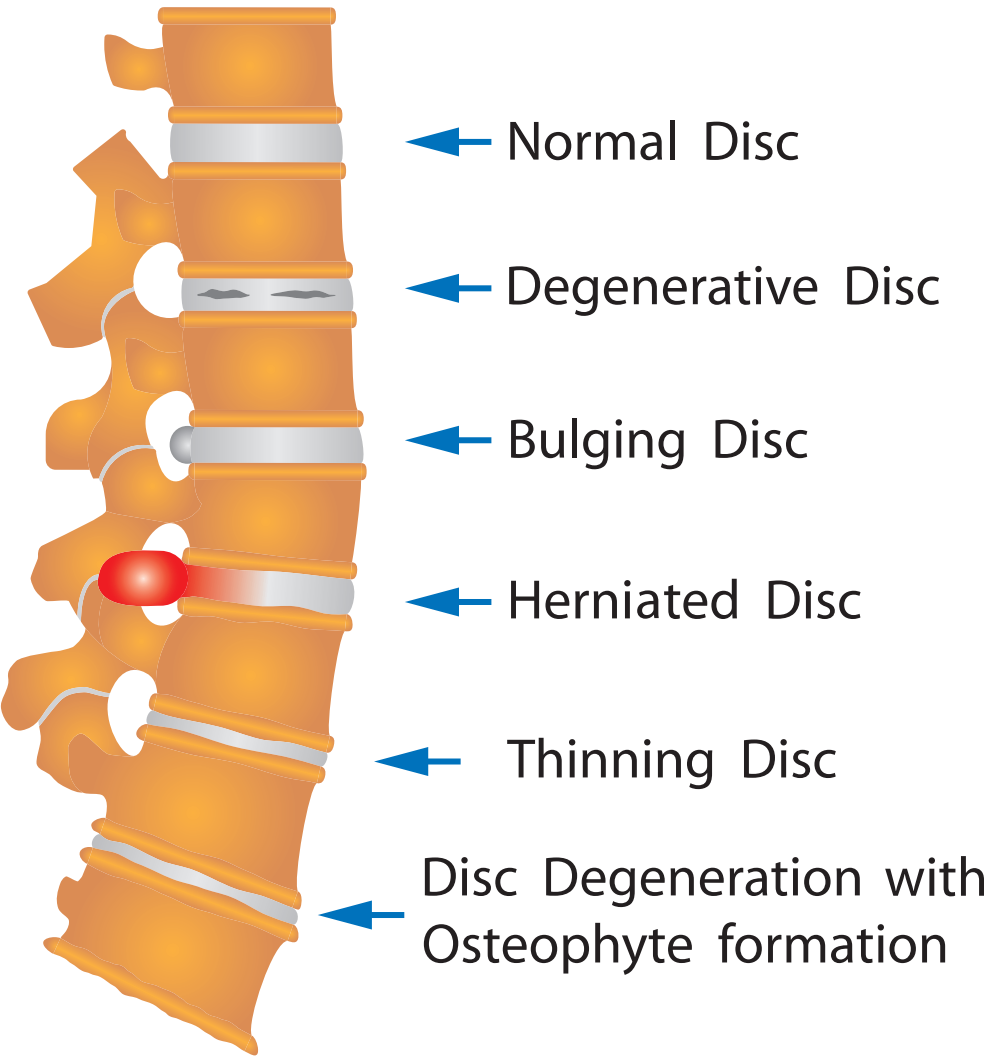
Understanding Low Back Pain

Spine and Structures of Segments



Source: Elina33. Medical diagram of a human spine with the name and description of all sections and segments of the vertebrae. Vector illustration [Accessed on 22.1.2018]. Available from: https://stock.adobe.com/stock-photo/medical-diagram-of-a-human-spine-with-the-name-and-description-of-all-sections-and-segments-of-the-vertebrae-vector-illustration/179607993?prev_url=detail

Spine Conditions



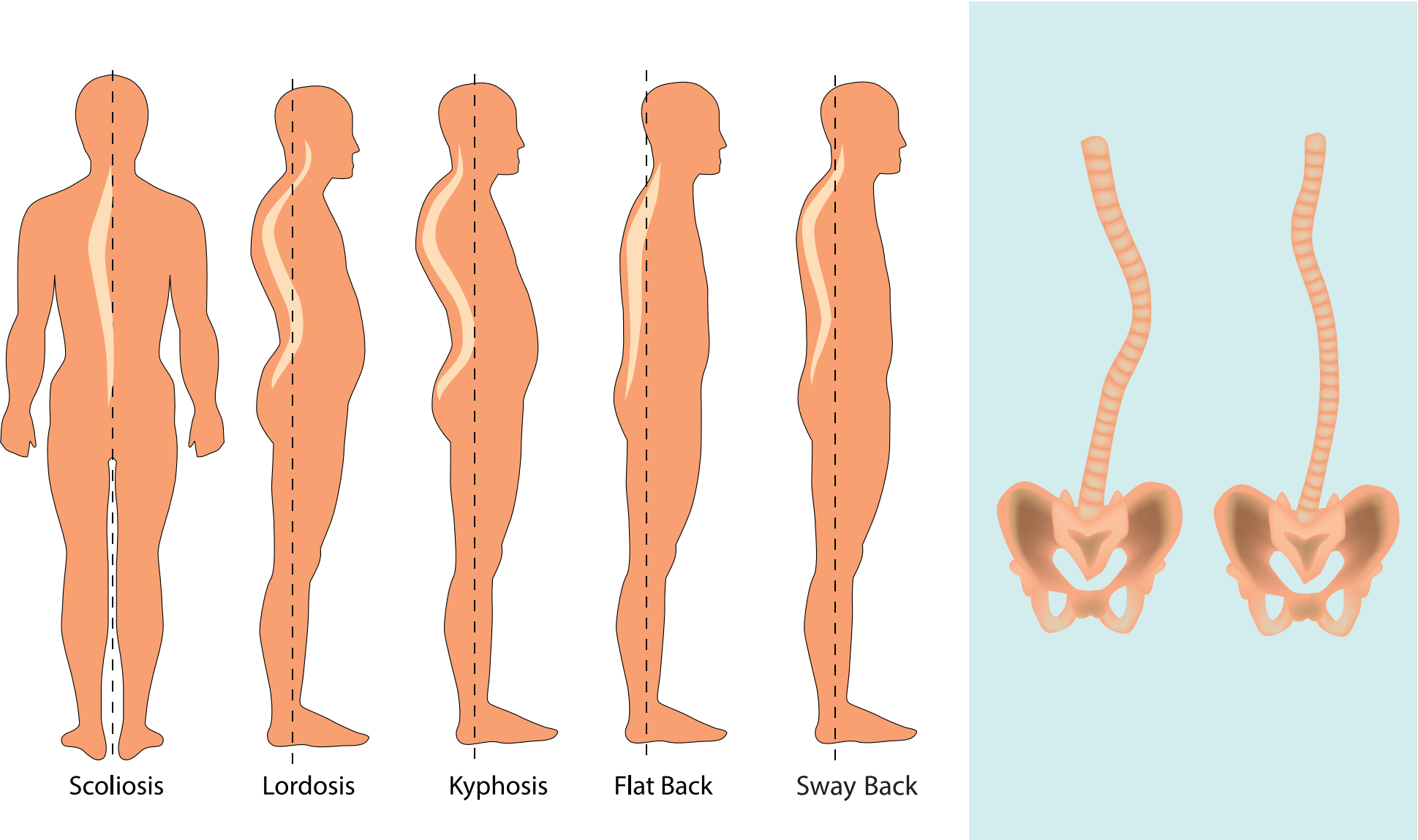
Source: Vonuk. Spine. Spine conditions [Accessed on 22.1.2018]. Available from: https://stock.adobe.com/stock-photo/spine-spine-conditions/57891513?prev_url=detail

Yoga Poses to Relieve Low Back Pain



Source: Ttongruangwit. A set of yoga postures female figures for Infographic 6 Yoga poses to relieve lower back pain in flat design. Vector Illustration [Accessed on 22.1.2018]. Available from: https://stock.adobe.com/stock-photo/a-set-of-yoga-postures-female-figures-for-infographic-6-yoga-poses-to-relieve-lower-back-pain-in-flat-design-vector-illustration/137683325?prev_url=detail

Spine Deformation



Source: Sakurra. Spine deformation. Body posture defect [Accessed on 22.1.2018]. Available from: https://stock.adobe.com/stock-photo/spine-deformation-body-posture-defect/163117372?prev_url=detail

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